

International Student Newsletter - February 2018



NSS - Have Your Say and Help Prospective Students!

WHAT IS THE NSS?

The NSS is an annual survey of mainly final year undergraduate students in the UK.

It is a nationally recognised independent survey, which asks students to reflect on their course experience across a range of areas including teaching quality, learning opportunities, academic support, organisation and management, learning resources, learning community, student voice and overall satisfaction.

Why should I take part?

- ◆ This is your opportunity to give your honest feedback on your student experience.
- ◆ It takes 10 minutes to complete and you could win **GREAT** prizes.
- ◆ You'll be helping prospective students make the right choices of where and what to study.

Share your views at: www.thestudentsurvey.com



Sustainability Carnifal // 1 February - 1 March 2018

We have a really exciting month ahead! The Sustainability Lab, together with other departments such as Campus Life, Undeb Bangor and the International Student Support Team have organised an event-packed February for you. The Sustainability Carnifal will showcase the variety of sustainability-related events that run in a typical month at Bangor University – a month-long extravaganza of ordinary events for you to join in with and have fun!

The events list include Debates, Volunteering Days, Sport Tournaments, Cooking Lessons, Music Concerts, the Mother Tongue Language Day, Green Film Nights (starting tonight with our International Film Night) and much, much more! [Check the events page](#) and social streams for #Carnifal events and updates, or keep an eye out round campus for flyers and posters!



HOW TO CONTACT THE INTERNATIONAL STUDENT SUPPORT TEAM:

Website: www.bangor.ac.uk/international/support

Email: internationalsupport@bangor.ac.uk Telephone: 01248 382882

www.facebook.com/BangorUniversityInternational www.instagram.com/bangorinternational

#Bangorinternational

Ambassador Experience as a Halls Warden - Angel Tan, Malaysia

"I started my journey to be a warden last year in September. With the idea to help and support students living in halls, I applied for this position during my final year of undergraduate study. I thought that this would be an excellent opportunity to exercise my communication skills by interacting with students from all around the globe. Besides, wardens will also be provided with a single bedroom in a hall of residence free of charge and hence saving me from paying accommodation fees.



As a warden, my primary role is to maintain a healthy, friendly, and safe living environment for all residents. I carry out kitchen checks on a weekly basis not only to assess the cleanliness of the kitchens but also to attend to any concern that residents may have. Whenever necessary, I will provide pastoral care to the residents or direct them to look for the appropriate services. Sometimes, I will also be called to respond to an emergency or an incident within the halls.



I believe that working as a warden has added value to my life and made my final year of staying in Bangor a little bit different. If you are interested in being a warden or a Campus Life Crew, [please send in your application](#) before 5th of February. Good luck with your application!" More details about Angel and how to contact the rest of the Ambassadors at: www.bangor.ac.uk/international/studentprofiles/ambassadors

International Ambassadors' Column - Dominic Wodehouse, UK

Mangrove Inventory Training in Myanmar

"An amazing country of temples and tigers, and for me, training and transects. Having done some mangrove rehabilitation training in Sittwe, Jan 2017, I was delighted to return last December, this time to Myeik, for Fauna and Flora International (FFI), a UK NGO. FFI needed some mangrove inventory training to quantify the remaining mangroves in the very south of the country, and the levels of cutting and degradation. An excellent group of local



university masters and PhD students, lecturers, FFI staff and local NGO workers survived two days in the classroom with me, followed by five days in the mangroves putting theory into practice – the first exposure of the difficulties of working in the mangroves for many of them. This provided an opportunity to share additional knowledge about mangrove ecology, community forestry and forest management planning. And it reminded me that despite Bangor University's very scientific approach to environmental study, real-world problems, and solutions, are almost always social, not scientific."

More details about Dominic and how to contact the rest of the Ambassadors at:

www.bangor.ac.uk/international/studentprofiles/ambassadors



UNDEB Bangor - NUS International Students Conference

"Raji Madhaven will be attending the National Union of Students (NUS) International Students Conference at Sheffield University Students' Union between the 27th and 28th of February 2018. At the Conference, international representatives from Students' Unions across the UK will come together to discuss, debate, vote on motions and elect the political leadership for the year ahead. Raji will produce a report following the conference and this will be found on the Undeb Bangor website. If you would like any more information about the conference please contact the Students' Union by e-mailing studentvoice@undebbangor.com.

Raji is the International Students Councillor so remember that you are more than welcome to contact her about anything to do with this conference or anything else. You can contact Raji on psu972@bangor.ac.uk, make your voice heard!"



UNDEB Bangor - Award Nominations are OPEN

"Throughout this month you can nominate your chosen staff member and course rep in the Student Led Teaching Awards and the Course Rep Awards respectively. Head over to www.UndebBangor.com/voice/slta to nominate today!"



Poetry from the Bangor Indonesian Society



FIVE SENSES

you can look for me
in the poetry section.
you can look for me
in every sunrise.
you can hear me
in every song in the radio.
you can hear me
in every raindrop.

you can feel me
in the empty space of your bed.
you can feel me
in the most chaotic yet calmest moments in your life.
a touch that cluster like floral arrangements
dragged carelessly through the distance,
to build a tempest so immense,
you will go half mad on morphine.

a whiff of my perfume will linger,
a whiff of my fragrance will remain,
the memory of the warmth of my embrace
the memory of the soft, gentle kiss;
everything that remains is a reminder.
it's there, to say the things I have no words for.
an invitation to the most
delicate and sweetest love I have got.

because you're always on my mind and heart,
I carry you around and round.
because you have a shadow with a colour
of a deep well of melancholy.
yet you carry around
a technicolor paradise beneath it,
and as you love me the most
little blue, drowsy bird tethered
to my soul— feel my heart ache
there are birds and bees resided within it,
everyone can only sigh in awe."

"Just like everything else, I started to write because it was fun but then it became a thing to do when somberness strikes. Hence, as University started, I turned to poetry (and prose) because being away from home and loved ones/significant others can be hard. Not only that, our senses and memories can be an unreliable thing; they simply fade. So even with the physical separation from loved ones/significant others, I can connect with them and make my presence felt through these words, whilst eternalising those memories into poetry." - Cynthia C Law



The Study Skills Centre

"The Study Skills Centre has designed two workshop programmes for Semester Two to provide you with an opportunity to explore practices that help to develop your understanding of academic expectations and to improve the quality of the work that you produce.

The '**Being Critical**' series, held on Wednesday afternoons at 1pm, provides a sound foundation for approaching future

assignments by exploring topics such as the management of your studies, the use of source material, critical approaches to reading and writing, and discussing ways of generating and organising your ideas. The '**Great Dissertations**' series, held on Thursday mornings at 10am and then on Wednesday afternoons at 1pm from April onwards, provides a hands-on opportunity to develop your research goals and proposal, to approach your literature review, abstract and introduction, to consider possible solutions and to reflect on your progress.

Other support offered by the Study Skills Centre include individual writing and study skills appointments (bookable via our [online booking form](#)), Maths and Statistics appointments and drop-in (book your appointment [here](#)), research writing groups, online study guides (visit our study resources [here](#)), and writing, research and exam skills workshops. For more information about the workshops and how to book your place, visit our [website](#)."



Academic Support at the Library!

"If you would like help with looking for sources of information for an essay, dissertation or other academic work, or need assistance with using library resources, you are welcome to contact the [Academic Support Team](#) .

This is a team of information experts whose role is primarily to help library users get the most out of the information available to them, whether from within the University's resources or elsewhere. Each College has its own Librarian:

Academic Support Librarians

College of Arts and Humanities

Jenny Greene, j.greene@bangor.ac.uk, 01248 383572

College of Business, Law, Education, and Social Sciences

Mairwen Owen, mairwen.owen@bangor.ac.uk, 01248 382915

College of Health and Behavioural Sciences

Yasmin Noorani, y.noorani@bangor.ac.uk, 01248 388589

College of Natural Sciences

Beth Hall, b.hall@bangor.ac.uk, 01248 382081

College of Physical and Applied Sciences - Beth Hall



Big White Wall

"Big White Wall is an online mental health and wellbeing service offering self-help programmes, creative outlets and a community that cares. When you're dealing with everyday stressors or major life events, they'll help you get through it.

This service is available to all Bangor University students and provides safe, anonymous wellbeing support available 24/7, with trained professionals online at all times.

For more information, and to use the service, go to www.bigwhitewall.com"

*Ydych chi'n teimlo'n isel neu dan straen?
Yn mynd trwy gyfnod anodd?
Feeling low or stressed?
Having a tough time?*

*Beth bynnag yw natur eich trafferthion, gall y Big White Wall fod o gymorth.
Whatever you're struggling with, Big White Wall can help.*



Student Housing Office

Have you paid a deposit? Has your landlord protected it?

For tips and advice on deposits, please visit:

www.citizensadvice.org.uk/housing/renting-a-home/student-housing/students-in-private-rented-accommodation/student-housing-deposits/

Student Housing Office: www.bangorstudentpad.co.uk



**CAMPUS LIFE**
CAMPUSLIFEBANGOR.CO.UK
#LOVEHALLS

SEMESTER
2

ALL OUR EVENTS ARE FREE!



DOWNLOAD OUR FREE CAMPUS LIFE APP. SEARCH CAMPUS LIFE BANGOR UNIVERSITY

EVENTS TO LOOK OUT FOR!

FRIDAY 2ND FEBRUARY
International Film Night
8pm | Acapela 

TUESDAY 6TH FEBRUARY
Big Win Bingo
8pm | Braint Common Room and Barlows 

SUNDAY 11TH FEBRUARY
Open Mic Night
8pm | Acapela 

TUESDAY 27TH FEBRUARY
Learn to Cook Welsh Special
7pm | Barlows Kitchens, St Mary's Village 

SUNDAY 11TH MARCH
Bangors Got Talent
8pm | Acapela 

CHECK OUT THE BANGOR CAMPUS LIFE WEBSITE, APP OR FACEBOOK PAGE FOR ALL OUR LATEST NEWS.
WWW.CAMPUSLIFEBANGOR.CO.UK
CAMPUSLIFEBANGOR   

**BANGOR**
EAT-DRINK

Have your say!

The Commercial Services department wants to hear your views on the University's food and drink offer

We would like to speak to:

- International students
- Students living at home
- Students living in halls or private accommodation

To register your interest please contact
Rhian.thomas@bangor.ac.uk

**BANGOR**
EAT-DRINK



PONTIO - Chinese New Year Celebrations

"Celebrate the arrival of the Chinese New Year at Pontio as we explore the creative connection between Wales and China, through cutting-edge art and culture!"

Join Pontio for a weekend of eclectic performances, films, and family-friendly activities, showcasing the cultures, languages, and art of Wales and China. The first of its kind in Wales, this multi-lingual festival provides a platform for British East Asian stories, and collaborations between the China Students and Scholars Association (CSSA), Welsh and Chinese musicians, playwrights, and artists.

In addition to the productions and live events, our cinema will be hosting a range of Chinese films throughout the weekend. On Saturday, enjoy live music and pop up events in the foyer, as well as craft workshops - all for free. Welcome to the Year of the Dog!"



View an electronic version of the full festival programme [here](#)

**GŴYL CYMRU-TSIEINA
WALES-CHINA FESTIVAL**

16-18 Chwefror 2018
16-18 February 2018
2018年2月16日至18

pontio.co.uk
01248 382828

Pontio
BANGOR
INVERTIGO
The National Lottery
Y Loteri Genedlaethol

Bangor University's Confucius Institute

"Bangor University's Confucius Institute are putting on a fantastic show of events for Chinese New Year this February; teaming up with Pontio and Invertigo Theatre Company on Saturday 17th for a series of colourful Wales-China workshops and performances, followed by the Institute's annual Dragon Parade and Chinese Gala in Bangor city centre on Saturday 24th. We hope you'll be able to join us!"

Saturday 24 February, Bangor City Centre

- 12-12.30** Dragon Parade (Cathedral to Town Clock and back)
- 12.30-2pm** Chinese Gala (Bangor Cathedral)

For more information, please visit: www.bangor.ac.uk/confucius-institute

